

THE GOLDEN BANNER

May 2016

The Monthly Newsletter of The Wellington Seniors Club, Inc.

Issue 238

<http://www.wellingtonfl.gov>

To Inform and Amuse

info@wellingtonseniorsclub.org



The Wellington Seniors Club, Inc.
2016

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Editor/Publisher, The Golden Banner
Howard Trager

QUOTE OF THE MONTH



SERIOUSLY... WHO DOESN'T
NEED A LADIES NIGHT OUT
EVERY NOW AND THEN??

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Your Health....

The Value Of Volunteering

Volunteers are the heart and hands of our nation. They see the bigger picture of how people are instrumental in positively shaping their communities by supporting causes they are passionate about. Volunteering may take just a couple of hours a week, but the effects are realized over years. Many projects would never have been completed without the dedicated efforts of volunteers. The Corporation for National and Community Service reports that in 2014, volunteers in Florida contributed almost 500 million hours of service at an estimated worth of around \$11 billion. In the same year there were over 60 million volunteers nationally whose services were estimated near \$185 billion. Over the past 13 years, the amount of volunteer service nationally is estimated to be worth over \$2 trillion. Those volunteer hours add up to a tremendous value for our society

Volunteers with Florida's Long-Term Care Ombudsman Program (LTCOP) make a huge difference in the lives of residents of long-term care facilities each year. LTCOP's mission is to improve the quality of life for all Florida long term care residents by advocating for and protecting their health, safety, welfare, and rights. Volunteers train to become certified ombudsmen to further this mission on behalf of long term care residents. Ombudsmen work to resolve complaints a resident or their loved ones may have to the resident's satisfaction. Some residents may not have anyone to advocate for their health, safety, welfare, and rights.

"Remember there is no such thing as a small act of kindness. Every act creates a ripple with no logical end."

If you would like more information on becoming a volunteer with Florida's Long-Term Care Ombudsman Program, call toll-free 1-888-831-0404, or visit ombudsman.myflorida.com.

Data From: Long Term Care Ombudsman Program, Florida Department of Elder Affairs.



Membership Meeting

There will not be a membership meeting in June due to prior commitments at the Gym.

Our next membership meeting will be held on Wednesday, May 18 at 12:00noon, Village Park, 11700 Pierson Road, Gym 1.

After a brief business meeting, sit back, relax and enjoy the song stylings of Glenda Grainger, "The Artist Who Paints With Her Voice". Born in London, Glenda is fluent in several languages and incorporates all of them into her programs. Her resume is very impressive. She sang with Xavier Cougat at the world famous Latin Quarter Nightclub in New York City for a year. She has appeared on the Johnny Carson "Tonight Show" and has starred in her own one woman show at hotels and venues around the world. Be prepared to be "wowed" by her extensive program. See you then!



Editors Note: Payments for trips and events are due two weeks after sign-up.

Our Island Princess Cruise on Monday, May 16 still has available seating on the second bus. This bus will be cancelled unless filled.

Our Sunshine Lady

If you know of any club member who is recovering from an illness, hospitalization, or has suffered the loss of a family member, please call our **Sunshine Lady, Mae Loglisci at 792-5707**. An appropriate card will be sent on behalf of the membership.



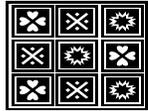
THE GOLDEN BANNER is published monthly except July and August by the Wellington Seniors Club, Inc., a social club, for residents of The Village of Wellington, who are 55 and over. Articles to be included in the next newsletter must be received by Howard Trager, 1801 Corsica Drive, Wellington, Florida, 33414, 333-8885. e-mail: landh2ts@comcast.net, no later than the tenth of each month. For membership information, please call Membership Chair, Sally Schwartz at 793-8735

The Club House

Note: Until further advised, all Seniors Club activities will be at Village Park, 11700 Pierson Road.

Bridge Club... Celia Cavagner, 793-5445,
Gladys Maloy, 214-0967

Meets Mondays at 12:00-4:00 PM, Lacrosse Room



The Wellington Quilters...

Audrey Blobaum 333-2708

Thursdays, 9:00am-12:00 noon, Gym #1, Room 1A

Duplicate Bridge.....Nell Stidham 793-2022

Tuesday and Thursday, 12:30-4:00 PM, ACBL sanctioned
Duplicate Bridge, Village Park, Lacrosse Room



Singles Supper Club.....Faye Ford 790-7625

Seniors without partners meet at a different restaurant every week for dinner, a few laughs. food and friendship.



Canasta... Marlene Sacks.. 791-0054

Mondays at 12-4:00 PM, Gym #1, Front Lobby

Mah Jongg..

Tuesdays at 12-4:00PM, Gym #1, Front Lobby



You Know You're a Mom When ...

Your feet stick to the kitchen floor.....and you don't care.
When the kids are fighting, you threaten to lock them in a room together and not let them out until someone's bleeding.
You can't find your cordless phone, so you ask a friend to call you, and you run around the house madly, following the sound until you locate the phone downstairs in the laundry basket.
You spend an entire week wearing sweats.
Your idea of a good day is making it through without a child leaking bodily fluids on you.
Popsicles become a food staple.
Your favorite television show is a cartoon.
Peanut butter and jelly is eaten at least in one meal a day.
You're willing to kiss your child's boo-boo, regardless of where it is.
Your baby's pacifier falls on the floor and you give it back to her, after you suck the dirt off of it because you're too busy to wash it off.
You're so desperate for adult conversation that you spill your guts to the telemarketer that calls and HE hangs up on YOU!
Spit is your number one cleaning agent.
You're up each night until 10 PM vacuuming, dusting, wiping, washing, drying, loading, unloading, shopping, cooking, driving, flushing, ironing, sweeping, picking up, changing sheets, changing diapers, bathing, helping with homework, paying bills, budgeting, clipping coupons, folding clothes, putting to bed, dragging kids out of bed, brushing, chasing, buckling, feeding (them, not you), PLUS swinging, playing baseball, bike riding, pushing trucks, cuddling dolls, roller blading, basketball, football, catch, bubbles, sprinklers, slides, nature walks, coloring, crafts and jumping rope. You get up at 5:30 AM and you have no time to eat, sleep, drink or go to the bathroom, and yet...you still managed to gain 10 pounds.
In your bathroom there is toothpaste on the light fixtures, water all over the floor, a dog drinking out of the toilet and body hair forming a union to protest unsafe working conditions.

Things I've Learned From My Children

A 3 year-old's voice is louder than 200 adults in a crowded restaurant.
If you hook a dog leash over a ceiling fan, the motor is not strong enough to rotate a 42-pound boy wearing Batman underwear and a superman cape.
It is strong enough however to spread paint on all four walls of a 20 by 20 foot room.
You should not throw baseballs up when the ceiling fan is on.
When using the ceiling fan as a bat, you have to throw the ball up a few times before you get a hit.
A ceiling fan can hit a baseball a long way.
The glass in windows (even double pane) doesn't stop a baseball hit by a ceiling fan.
When you hear the toilet flush and the words "Uh-oh", it's already too late.
Brake fluid mixed with Clorox makes smoke, and lots of it.
A six year old can start a fire with a flint rock even though a 36 year-old man says they can only do it in the movies.
A magnifying glass can start a fire even on an overcast day.
A king size waterbed holds enough water to fill a 2000 sq foot house 4 inches deep.
Legos will pass through the digestive tract of a four year old.
Duplos will not.
Play Dough and Microwave should never be used in the same sentence.
Super glue is forever.
No matter how much Jell-O you put in a swimming pool you still can't walk on water.
Pool filters do not like Jell-O.
VCR's do not eject PB&J sandwiches even though TV commercials show they do.
Garbage bags do not make good parachutes.
Marbles in gas tanks make lots of noise when driving.
You probably do not want to know what that odor is.
Always look in the oven before you turn it on.
Plastic toys do not like ovens.
The fire department in Austin has a 5-minute response time.
The spin cycle on the washing machine does not make earthworms dizzy. It will however make cats dizzy.

The Humor Of Erma Bombeck

All of us have moments in our lives that test our courage. Taking children into a house with white carpet is one of them.
Giving birth is little more than a set of muscular contractions granting passage of a child. Then the mother is born.
Graduation day is tough for adults. They go to the ceremony as parents. They come home as contemporaries. After twenty-two years of child-rearing, they are unemployed.
Have you any idea how many children it takes to turn off one light in the kitchen? Three. It takes one to say, "What light?" and two more to say, "I didn't turn it on."
Housework is a treadmill from futility to oblivion with stop offs at tedium and counter productivity.
Kids have little computer bodies with discs that store information. They remember who had to do the dishes the last time you had spaghetti, who lost the knob off the TV set six years ago, who got punished for teasing the dog when he wasn't teasing the dog and who had to wear girls boots the last time it snowed.

THE GOLDEN BANNER

Steppin' Out Program 2016

The Island Princess Luncheon Cruise



Relax and enjoy the splendid scenery from the comfort of the enclosed air-conditioned main salon or the open-air upper deck of the sleek Island Princess. As you cruise the calm waters, watch for porpoises, manatees, pelicans, blue herons and egrets in their natural habitat. You'll hear tidbits about Stuart's infamous and famous residents as you cruise by their homes,

and the Captain will acquaint you with the many bird sanctuaries, spoil islands, and other points of interest.

Your cruise includes coffee and danish upon boarding at the Sailfish Marina in Stuart, and lunch will be served aboard at 1:00pm. For a refreshing afternoon, we welcome you aboard on Monday, May 16th. Our coach will spot at 8:30am and will depart at 8:45am at the North end of Town Hall

Your cost will be \$35.00 pp., and \$52.00 pp., for guests. Please make your checks payable to the Wellington Seniors Club. For reservations, call **Trip Leaders Mae Loglisci 792-5707**

3742 Pelican Bay Court, Wellington 33414 (Or)

Eileen Dix 791-1448

3754 Old Lighthouse Circle, Wellington 33414



The Isle Casino

The machines are calling, so warm up for an exciting afternoon at the Isle Casino at Pompano Park and join us on Monday, May 23rd. Your trip will include \$10.00 Free Play and a \$4.00 discount for the buffet. The cost is \$15.00 pp., for members and \$20.00 pp., for guests. Our coach will spot at 9:15am and depart at 9:30am

at the North end of Town Hall and will depart the casino at 3:00pm. Please make checks payable to The Wellington Seniors Club. For reservations, call... **Trip Leader Estelle Rubin 333-8885**

1801 Corsica Drive, Wellington 33414

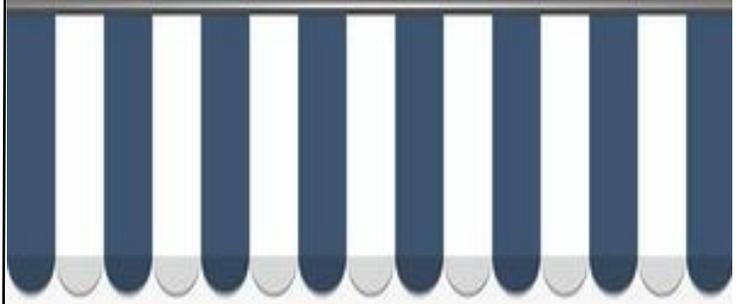


Gulfstream Park Casino

Get ready for a great afternoon on Tuesday, June 21st. at Gulfstream Park. Our coach spots at 8:45am and will depart from the North end of Town Hall at 9:00am. The cost is \$15.00 pp, for members and \$20.00 pp., for guests. Additional information will be forthcoming when available. Please make your checks payable to The Wellington Seniors Club. For reservations, call...

Trip Leader Mary Alfalla 784-0119

10733 Lake Shore Drive, Wellington 33414



The Out To Lunch Bunch is currently in the planning stage for July and August. Details to follow in the June Golden Banner.

Feeling Any Older Today?

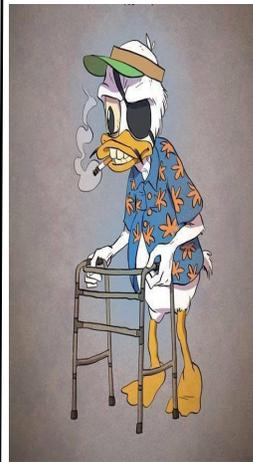
Few people realize it but.....

**Our favorite cartoon characters are also now seniors!
(Now this really did make me feel better!)**

**Donald Duck
81**

**Mickey & Minnie
87**

**Lola & Bugs
77**



**Tweety & Sylvester
73**

**Goofy
81**

**Daisy Duck
75**



There! Don't you feel better?



MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Canasta 12:00 noon Bridge 12:30PM	3 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	4 Executive Board Meeting 10:00am 	5 Quilters 9:00am Dup/Bridge 12:30PM	6	7
	9 Canasta 12:00 noon Bridge 12:30PM	10 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	11	12 Quilters 9:00am Dup/Bridge 12:30PM	13	14
15	16 Canasta 12:00 noon Bridge 12:30PM 	17 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	18 Membership Luncheon 12:00 noon 	19 Quilters 9:00am Dup/Bridge 12:30PM	20	21
22	23 Canasta 12:00 noon Bridge 12:30PM 	24 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	25	26 Quilters 9:00am Dup/Bridge 12:30PM	27	28
29  Memorial Day		31 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM				

