

THE GOLDEN BANNER

October 2016

The Monthly Newsletter of The Wellington Seniors Club, Inc.

Issue 241

<http://www.wellingtonfl.gov>

To Inform and Amuse

info@wellingtonseniorsclub.org



The Wellington Seniors Club, Inc.
2016

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Howard Trager

QUOTE OF THE MONTH

The greatest gift
you can give someone
is your time, your
affection, your love,
your concern.

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Your Wellington Senior Programs...

The Village of Wellington is excited to offer new and innovative programming for adults and seniors in the new Wellington Community Center.

Do you want to learn how to relax your mind and body? If so, please join us for Meditation on Monday afternoons with Jana. Enjoy the guided meditation journey and escape reality for the 60 minute class. Spaces are limited, so please register today! Chair yoga is a safe, non-strenuous way to stretch and is geared towards adults who lack mobility due to physical limitations, injuries and RA. Experienced yoga instructor, Maria Lentine will help you gain energy, flexibility, balance and focus through modified poses all using a chair. This will not only strengthen your muscles, but also help focus your mind through the use of Asanas, which are adaptations of Hatha Yoga poses.

Senior aerobics are back with Lynn Spoor in the mornings as well as Pilates and Yoga! Lynn will take the time to instruct from the beginner level to the advanced. If you cannot make a morning class, Paula Bruce will be instructing yoga, Pilates and yogilates (a combination of the two) in the evenings and Saturday mornings.

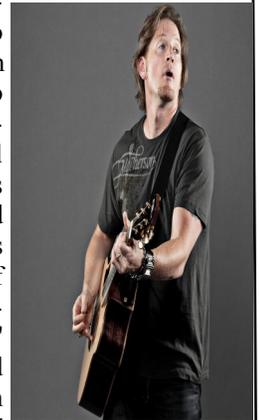
Have you ever thought about learning a new language? Are you planning for a European cruise? Then join Leonarda Mangiola as she starts with the basics in either French or Italian for the beginner. Learn to write, read and speak the language to succeed in work, travel and beyond!

Watercolor, oils, mosaic, photography, acrylic, and general art classes are all available during the week throughout the day. Are you interested in an afternoon art class? Tito Mangiola, Barbara Fischthal and Renee Plevy have the experience and patience to guide you through the various disciplines of each art medium.

Are you interested in learning the basics of photography? Then join Richard Wilson on Saturday mornings, an accomplished photographer and local artist. (continued)

Membership Meeting

The next membership luncheon meeting will be held on October 19th at 12:00noon at the Wellington Community Center, 12150 Forest Hill Blvd. After a brief business meeting you will be treated to the multi-talented Tim Hawkins. Tim's approach to comedy can best be described as one part gifted and two parts twisted. His stand-up is surgical and honed to perfection. In his own gracious words, "If you can't laugh at yourself, laugh at other people." His musical dexterity and knack for parody stand on their own. So sit back and enjoy his extraordinary performance. See you all there.



Our Sunshine Lady

If you know of any club member who is recovering from an illness, hospitalization, or has suffered the loss of a family member, please call our **Sunshine Lady, Mae Loglisci at 792-5707**. An appropriate card will be sent on behalf of the membership.



Wellington Programs...(Continued)

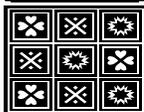
Do you have a puppy or dog with training issues? Barb Forgash can help! She will be instructing on Monday evenings in front of our Community Center. With over 16 years of experience, Barb can help with any dog-related issue you may be facing. You are welcome to tour the Community Center and you are invited to try something new and enjoy what Wellington has to offer. For more information, please call the **Community Center at (561) 753-2484**.

THE GOLDEN BANNER is published monthly except July and August by the Wellington Seniors Club, Inc., a social club, for residents of The Village of Wellington, who are 55 and over. Current and back issues of the Golden Banner may be viewed and/or downloaded at www.wellingtonfl.gov. Click on Park and Recreation, scroll and click on Seniors, scroll and click on The Wellington Seniors Club. For membership information, please call Membership Chair, Sally Schwartz at 561-793-8735.

The Club House

Note: *Effective September, Senior Clubs will meet at the Wellington Community Center, 12150 Forest Hill Blvd., (except Canasta and Mah Jongg). Room assignments subject to change*

Bridge Club... *Celia Cavagner, 793-5445,
Gladys Maloy, 214-0967*
WCC, Lakeview Room, Meets Mondays at 12:00-4:00 PM,



The Wellington Quilters...
Audrey Blobaum 333-2708

WCC, Lakefield Room, Thursdays, 9:00am-12:00 noon,

Duplicate Bridge.....*Nell Stidham 793-2022*

ACBL Sanctioned Duplicate Bridge, Tuesday and Thursday,
12:30-4:00 PM, WCC, Lakefield Room,



Singles Supper Club.....*Faye Ford 790-7625*

Seniors without partners meet at a different restaurant every week for dinner, a few laughs, food and friendship.



Canasta... *Marlene Sacks.. 791-0054*

Mondays at 12-4:00 PM, Village Park

Mah Jongg...

Tuesdays at 12-4:00PM, Village Park



On Getting Older!

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?" "Yes, I'm afraid so," the doctor told her. There was a moment of silence before the senior lady replied, "I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'."

Eventually you will reach a point when you stop lying about your age and start bragging about it. This is so true. I love to hear them say "you don't look that old."

The older we get, the fewer things seem worth waiting in line for. (Mostly because we forgot why we were waiting in line in the first place!)

Some people try to turn back their odometers. Not me! I want people to know why I look this way. I've traveled a long way and some of the roads weren't paved.

When you are dissatisfied and would like to go back to youth, think of Algebra.

One of the many things no one tells you about aging, is that it is such a nice change from being young.

Ah, being young is beautiful, but being old is comfortable.

Now, if you feel this doesn't apply to you.....stick around awhile... it will !

It's UP to you!

An amazing 2 letter English word. This two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv.], [prep.], [adj.], [n] or [v].

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car. At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special. And this UP is confusing. A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions. If you are UP to it, you might try buying UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more. When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for awhile, things dry UP.

One could go on and on, but I'll wrap it UP. For now, my time is UP! Oh, one more thing, what is the first thing you do in the morning and the last thing you do at night? Did that one crack you UP? Send this on to everyone you look UP in your address book, or not, it's UP to you.

There, I hope I've cleared it UP. Now I'll shut UP.

Why English Is So Hard

We'll begin with a box, and the plural is boxes,
But the plural of ox becomes oxen not oxes.
One fowl is a goose but two are called geese,
Yet the plural of moose should never be meese.
You may find a lone mouse or a nest full of mice,
Yet the plural of house is houses, not hice.

If the plural of man is always called men,
Why shouldn't the plural of pan be called pen?
If I speak of my foot and show you my feet,
And I give you a boot, would a pair be called beet?
If one is a tooth and whole set are teeth,
Why shouldn't the plural of booth be called beeth?

Then one may be that and three would be those,
Yet hat in the plural would never be hose,
And the plural of cat is cats, not cose.
We speak of a brother and also of brethren,
But though we say mother, we never say methren.
Then the masculine pronouns are he, his and him,
But imagine the feminine she, shis, and shim!

Anonymous

THE GOLDEN BANNER

Steppin' Out Program 2016



The Sensuous Senator

Weeks before a presidential election, Senator Henry Douglas, a smooth talking candidate who has based his entire campaign on the issues of morality

and family values is given an unusual opportunity. Arranging for his wife, Lois, to be away for the weekend, he realizes that with a little luck he may be able to break everyone of his campaign promises before the votes are even counted. Once his wife is safely on her way to the airport, he invites his voluptuous secretary, Veronica, to spend the night in his Washington, D.C. townhouse. To his abject disappointment, she is unavailable. He then contacts the Capitol Escort Agency and arranges for an "escort" for the evening. And so this hilarious farce begins.

Join us on Sunday, October 9th for this timeless comedy at The Delray Beach Playhouse with dinner at Ellie's 50's Diner. Our coach will spot at 12:30PM and will depart at 12:45PM. Bus pick-up and parking will be at the North end of Town Hall. The cost will be \$46.00 pp., for members and \$69.00 pp., for guests. Please make checks payable to The Wellington Seniors Club. For reservations, call.....

Trip Leader Anne McGinness 333-1854
11951 Suellen Circle, Wellington 33414

Overnight In Ft. Meyers and Naples

We have an exciting overnight planned for Sunday and Monday, November 6th and 7th. Our accommodations will be at the Marriott Fairfield Inn and our itinerary is as follows:

Day One

First stop: The Immokalee Casino (featuring their current promotion).

Second stop: Check in at hotel.

Third stop: The Murder Mystery Train with dinner and show "Murder Over Miami". As the train moves down the track a murder has taken place and unravels right before your eyes. It is up to you to solve the murder and find the killer. Everyone on the train is a witness and are given clue sheets to help solve the crime. Toward the final act the sheets are collected to see who discovered the most clues and solved the murder. A prize is awarded to one super sleuth in each dining car.

Fourth Stop: Viennese party at hotel after the train and dinner.

Day Two

First Stop: Hot buffet breakfast at hotel.

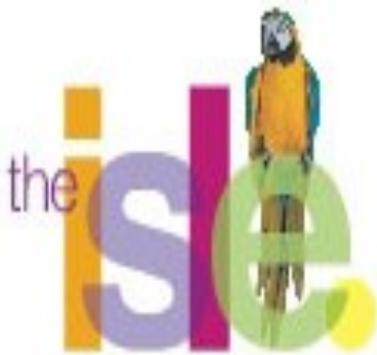
Second Stop: Sightseeing boat trip in Naples with free drink (wine/beer/soda).

Third Stop: Visit to Tin City. (shopping or lunch on your own).

Fourth Stop: Home.

The cost for this fabulous trip is \$149.00 pp., for members and \$198.00 pp., for guests. Our coach will spot at 7:45am and will depart at 8:00am, Sunday November 6th. Parking and pickup will be at the North end of Town Hall. Please make checks payable to the Wellington Seniors Club. For reservations, call....

Trip Leader Mary Alfalla 784-0119
10733 Lake Shore Drive, Wellington 33414



The Isle Casino At Pompano Park

Ok! Warm up those machines, the Wellington seniors are coming for an exciting day of slots and fun. Play your favorite games of chance and good luck to all.

Mark your calendars for Monday, October 17th. Our coach will spot at 9:30am and depart at 9:45am with a scheduled departure from the casino at

3:00PM. Parking and pick-up will be at the North end of Town Hall. The cost will be \$15.00 pp., for members and \$20.00 pp., for guests. Please make checks payable to The Wellington Seniors Club. For reservations, please call.....

Trip Leader Tony Alfalla 784-0119
10733 Lake Shore Drive, Wellington, 33414



The Wellington Seniors Club
Cordially invites you to join them
for their Annual Holiday Dinner Dance
& Installation of Officers & Directors
Saturday evening, December 10, 2016
6 P.M. o'clock at
The Mayacoo Lakes Country Club
9697 Mayacoo Club Drive
WPB, Florida 33411
Entertainment by The Solo System
Complimentary Valet Service, Cash Bar
Members \$30 Guests \$40
Please make checks payable to
The Wellington Seniors Club

Event Leader Mary Alfalla 784-0119
10733 Lake Shore Drive,
Wellington 33414

Columbus Day



October

		Thu	Fri	Sat	
				1	
2	Canasta 12:00 noon Bridge 12:30PM Rosh Hashanah	3 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	4 Executive Board Meeting 10:00am 	5 Quilters 9:00am Dup/Bridge 12:30PM	6 7 8
9 	10 Canasta 12:00 noon Bridge 12:30PM Columbus Day	11 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	12 Yom Kippur	13 Quilters 9:00am Dup/Bridge 12:30PM	14 15
16	17 Canasta 12:00 noon Bridge 12:30PM 	18 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	19 Membership Luncheon 12:00 noon 	20 Quilters 9:00am Dup/Bridge 12:30PM	21 22
23	24 Canasta 12:00 noon Bridge 12:30PM	25 Mah Jongg 12:00 noon Dup/Bridge 12:30 PM	26	27 Quilters 9:00am Dup/Bridge 12:30PM	28 29
30					

Happy Halloween